



University of Missouri Health Care

Fairview General Internal Medicine

**Dear Medicare Patient,**

**Welcome to our Patient Centered Medical Home.** We are concerned about maintaining your health and preventing hospitalizations for any chronic conditions you may currently have.

As a Medicare beneficiary, you are eligible for **Annual Wellness Exams** provided **at no charge to you**. In order to meet the requirements of this exam, we need help from you. This exam is only covered once every 12 months, so if you have an annual Medicare Wellness exam in July, you are not eligible for another covered exam until July of the next year. We also need to know that you are requesting an Annual Medicare Exam at the time you schedule your visit so that we can allow adequate time for the appointment.

The covered exam has specific elements that must be performed by your provider therefore we need extra time for the appointment with nursing staff to test your eyesight, screen you for depression, evaluate your memory and general mental health, and screen you for potential falls. If all of these elements are not met, the exam is not covered as your Annual Wellness Exam and you may be charged for the office visit.

At your Annual Wellness Exam the physician may talk to you about immunizations and prevention of disease, as well as discuss smoking cessation or reduction in alcohol intake if indicated. Your physician will also ask you about an advanced directive and if you have someone to make health decisions on your behalf if you are unable to make those decisions on your own sometime in the future. We may also help you set goals to improve your health.

If you have an on-going health problem such as diabetes, high blood pressure or lung problems your physician may address these problems at your Medicare Wellness visit, but please be aware that **you may be charged a co-pay or deductible** for services that are provided or tests scheduled that are beyond the actual Medicare Wellness exam. The Medicare Wellness exam will be covered but you may have a charge for the extra services. These services may be provided to you at that time to save you another appointment. If you choose to return at another time to discuss those other problems, you will be charged a co-pay for the return visit.

We want to meet your needs at each and every appointment. Please discuss your needs and concerns with your physician.

<b>Medicare Part B (Medical Insurance) Covers:</b>				
<b>Services:</b>	<u>How Often?</u>	<u>Criteria?</u>	<u>Co-Pay?</u>	<u>Comments</u>
Abdominal aortic aneurysm screening	1 Time, age 65-75	See Risk Factors	WAIVED	Must be Ordered During IPPE
Alcohol misuse screenings & counseling	Yearly	None	WAIVED	
Bone mass measurements (bone density)	Every 2 Years	See Risk Factors	WAIVED	
Cardiovascular disease screenings (FLP)	Every 5 Years	None	WAIVED	Fasting Lipid Profile
Cardiovascular disease (behavioral therapy)	Yearly	None	WAIVED	
Cervical & vaginal cancer screening	Every 2 Years	Women Age 21 - 65	WAIVED	If High Risk, Covered Annually
Colorectal cancer screenings	Variable	Age 50 - 75	WAIVED	Many Screening Methods
Depression screenings	Yearly	None	WAIVED	Must be in Physician Office
Diabetes screenings (Fasting Glucose)	Yearly if at Risk	See Risk Factors	WAIVED	
Diabetes self-management training	10 hrs Total	If Diabetic	Not Waived	
Glaucoma tests	Yearly if at Risk	See Risk Factors	Not Waived	Eye Care Professional
HIV screening	Yearly	None	WAIVED	
Mammograms (screening)	Yearly	Age 40 - 75	WAIVED	One Baseline age 35-39
Nutrition therapy services	Yearly if at Risk	See Risk Factors	WAIVED	Dietician Only
Obesity screenings & counseling	Variable	BMI > 30	WAIVED	Must be in Physician Office
One-time "Welcome to Medicare" preventive visit (IPPE)	< 12 mo on Part B	First 12 Mo. On Part B	WAIVED	Must be in Physician Office
Prostate cancer screenings (PSA)	Yearly	Men > 50 Yrs	WAIVED	
Sexually transmitted infections screening & counseling	Yearly if at Risk	See Risk Factors	WAIVED	
Tobacco use cessation counseling	8 Sessions / Yr	Tobacco Use	WAIVED	
<b>Shots:</b>				
Flu shot	Yearly	None	WAIVED	
Hepatitis B shots	Series 3 Shots	At Risk for Hepatitis B	WAIVED	
Pneumococcal shot	One Time	Age > 65 or Risk Factors	WAIVED	