
KRISTEN LYNN HEINS FERNANDEZ

EMPLOYMENT

University of Missouri, Department of Dermatology Columbia, Missouri
07/2012 -present
Assistant Professor
Medical Student Elective Director (3/2015 -present)

Harry S Truman Veterans Administration Hospital Columbia, Missouri
07/2012 -present
Chief of Dermatology

EDUCATION

University of Iowa Hospitals and Clinics Iowa City, Iowa
07/2009 -06/2012
Dermatology Residency
Chief Resident, 04/2011 -03/2012

Methodist University Hospital Memphis, Tennessee
07/2008 -06/2009
Transitional Internship

University of Tennessee, College of Medicine Memphis, Tennessee
08/2004 -05/2008
Doctor of Medicine, GPA -3.97

University of Kansas, College of Liberal Arts and Sciences Lawrence, Kansas
08/2000 -05/2004
Bachelor of Arts in Microbiology, University Honors

RESEARCH

Harry S Truman VA Columbia, Missouri
May 2014 -present
Lead Researcher
Project goal is to determine clinical features of idiopathic Anogenital Pruritus in adult males and characterize quality of life and sexual health issues within this population.

University of Iowa and Iowa City VA Iowa City, Iowa
November 2010 -August 2012
Mentor: Vince Liu, MD
Lead Researcher/Project Investigator
Project goal is to determine an infectious etiology for lymphomatoid papulosis through pox and parapox virus PCR testing on biopsy samples.
Sponsored by the Intramural Research Program of the National Institute of Allergy and Infectious Diseases.

Vanderbilt University Medical Center Nashville, Tennessee
Summer 2004
Mentor: Don Rubin, MD
Laboratory Technician
Introduced gene-trap retroviruses to cell lines and selected cells that were resistant to reovirus infection. Analyzed the genome of resistant cells for a greater understanding of the pathophysiology of reovirus infection.

PRESENTATIONS

Intro to Dermoscopy -Pigmented Lesions. VA Dermatology Grand Rounds, January 21, 2016.

Clinical Pearls for Rashes. VA Primary Team Meeting, October 9, 2015.

Practical Nuggetsfor Common Rashes. Missouri Nurses Association APRN Conference, April 24, 2015.

Inflammatory Lesions, and Red Scaly Rashes. Presented to the 2nd year medical students, University of Missouri School of Medicine, April 22, 2015.

Neurocutaneous Dysesthesias. 73rd Annual American Academy of Dermatology Meeting. San Francisco, California, March 23, 2015.

Neurocutaneous Dysesthesias. Dermatology Grand Rounds. University of Missouri, Columbia, Missouri. February 13, 2015.

Minimizing Primary Care Practice Gaps: Acne vulgaris and Acne rosacea. University of Missouri Department of Family Medicine, February 10, 2015.

Acne vulgaris, Acne rosacea, and Psoriasis. Presented to the 2^od year medical students, University of Missouri School of Medicine, April, 2014.

Cutaneous Dysesthesias. 72nd Annual American Academy of Dermatology Meeting, Denver, Colorado, March 23, 2014.

Geriatric Skin Care. Geriatric Medicine Seminar, University of Missouri. October 8, 2013.

Skincarefor Elders: Bullous Pemphigoid, Actinic Keratosis, Cutaneous Signs of Elder Abuse, and More. 23rd Annual Caring for the Frail Elderly Conference, Holiday Inn Select Executive Center, Columbia, Missouri, August 17, 2013.

Your Transplant and Skin Cancer: What to lookfor and how toprevent it. Presented to the VA Transplant Monthly Meeting at the Harry S. Truman VA, June 4, 2013.

Pyoderma Gangrenosum: A Dermatology Update. Internal Meilicine Grand Rounds, University of Missouri, May 9, 2013.

Pemphigus vulgaris: Block 8 Case Wrap Up. Presented to the 2nd year medical students, University of Missouri School of Medicine, May 1, 2013.

Acne vulgaris, Acne rosacea, and Psoriasis. Presented to the 2^od year medical students, University of Missouri School of Medicine, April 24, 2013.

Practical Nuggetsfor Common Rashes. University of Missouri Department of Family Medicine, April 23, 2013.

Dispelling the Myths of Academic Dermatology. Grand Rounds; University of Iowa Department of Dermatology, April 11, 2013.

Acne vulgaris and Acne rosacea. University of Missouri Department of Family Medicine, October 23, 2012.

Cryotherapyfor the Primary Care Provider. Harry S. Truman VA All-team Primary Care Meeting, October 12, 2012.

Identifying and Diagnosing Skin Cancer. University of Missouri Department of Family Medicine, September 18, 2012.

Fernandez K, P Rady, S Tyring and M. Stone. Acquired Epidermodysplasia Verruciformis in a child with Atopic Dermatitis. Presented at the American Society for Dermatopathology Meeting, October 2011; Seattle, WA.

Fernandez K. and M. Stone. Peripheral Siliconomas after acute Breast Implant Rupture. Presented at the American Society for Dermatopathology Meeting, October 2010; Atlanta, GA.

Chuang P, Ray J, Edmundson B, Heins K, Bleecker E, Parikh C, Shaffer D, Nylander W, Kizilisik T, Helderma n H, Langone A. Urinary Tract Infection Increases the Risk of Mortality after Renal Transplantation. Presented at American Transplant Congress, May 2004; Boston, MA.

PUBLICATIONS

Chulquin M, Y Algalith, *K Fernandez*. Neurocutaneous Disease CME Review, Part 1: Cutaneous Neuroanatomy and Mechanisms of Itch and Pain. *Journal of American Academy of Dermatology*; 2016 Feb; 74(3), p197-212.

Shumway N, E Cole, *K Fernandez*. Neurocutaneous Disease CME Review, Part 2: Cutaneous Dysesthesias. *Journal of American Academy of Dermatology*; 2016 Feb; 74(3), p215-228.

Fernandez KH, D Ward. Calcinosis Cutis: Etiology and Patient Evaluation. Up to Date; 2015

Fernandez KH, D Ward. Calcinosis Cutis: Management. Up to Date; 2015.

Hochwalt PC, Fernandez KH, Swick BL. Large Subcutaneous Masses. *Cutis*. 2014 Dec;94(6):E6-8.

Launhardt A, J Thiyanaratnam, *K Fernandez*. Case Letter: 52 year old male with bullous pemphigoid and bullous cystitis. *Journal of American Academy of Dermatology*; 2014 Sep;71(3):e102-3.

Fernandez KH, M Bream, M Ali, T Krogmann, H Zhao, Y Li, J Cohen, I Damon, MD, V Liu. Investigation of Molluscum Contagiosum Virus, Orf and other Parapoxviruses in Lymphomatoid Papulosis. *Journal of American Academy of Dermatology*; 2013 Jun;68(6):1046-7.

Fernandez K, V Liu and B Swick. Non-uremic Calciphylaxis associated with histologic changes of Pseudoxanthoma Elasticum. *Am J Dermatopathol*. 2013 Feb;35(1):106-8

Fernandez KH, Rady P, Tying S, Stone MS. Acquired Epidermodysplasia Verruciformis with Cyclosporine. *Journal of Pediatric Dermatology*; 2012 Sep 3.

Asarch, A; Hochwalt, P; Ritchie, J; Pietras, T; *Fernandez, K*; inherited Palmoplantar Keratoderma; *J Drugs Dermatol*. 2012 Jun 1;11(6):767-8.

Pietras, T; Asarch, A; *Fernandez, K*; Hochwalt, P; Ritchie, J; Stone, M; Generalized Linear Porokeratosis; *J Drugs Dermatol*. 2012 Jun 1;11(6):772-3.

Fernandez K., J. Wollner, and M Stone. Hard, pink nodules on the upper extremities. Peripheral siliconomas. *Arch Dermatol*. 2011 Oct;147(10):1215-20.

COMMUNITY SERVICE

Ellis Fischel, Skin Cancer Screening Columbia, Missouri
May 7, 2015
Screening Volunteer

Missouri State Fair, Skin Cancer Screening Sedalia, Missouri
August 11, 2014
Screening Volunteer

Veterans United, Skin Cancer Screening Columbia, Missouri
May 16, 2013 and June 6, 2013
Founder and Screening Volunteer
Set up two skin cancer screenings at one of the area's largest employers; screened over 100 individuals for skin cancer.

Dermatology Day, Habitat for Humanity Columbia, Missouri
November 23, 2013
Organizer and Volunteer
Show Me Habitat
Arranged a group of about 2 dozen University of Missouri Department of Dermatology employees to gather and do construction on the Habitat for Humanity home.

Hany S. Truman VA, Employee Skin Cancer Screening Columbia, Missouri
May 17, 2013
Screening Volunteer
Screened 50 VA employees for skin cancer.

Food for the Holidays Food Drive, University of Missouri Columbia, Missouri
November 1-16, 2012
Food Bank for Central and Northeast Missouri

Founder and Volunteer

Established a hospital-wide food drive at the University of Missouri with Susie Ailor, MD to benefit patrons of the local food bank.

University of Missouri, Employee Skin Cancer Screening

Columbia, Missouri

November 2, 2012 and November 15, 2013

Screening Volunteer

Screened University of Missouri Maintenance Department employees for skin cancer.

COMMITTEES

Reviewer, American Journal of Clinical Dermatology

02/2016 - present

Review scholarly articles

Member, Access to Care Committee

American Academy of Dermatology

01/2014 - present

Identify and improve upon key issues to increasing access to quality dermatological care. Meet twice annually in person at the summer and annual AAD meetings.

Reviewer, Journal of the American Academy of Dermatology

01/2014 - present

Review scholarly articles written for one of the main national dermatology journals.

Member, Bylaws Committee

Women's Dermatological Society

01/2013 - present

Review WDS Bylaws and update/change as needed. Meet annually in person in addition to quarterly teleconferences.

Reviewer, JAMA Dermatology

01/2013 - present

Review scholarly articles written for one of the main national dermatology journals.

Dermatology Representative, Immunology & Rheumatology Director Search Committee

08/2012 - present

Involved in searching for a new Director for the Immunology & Rheumatology Division.

University of Missouri
Department of Internal Medicine

Dermatology Representative, Research Council

07/2012 - present

Appointed to enhance and develop research opportunities within the School of Medicine.

University of Missouri
School of Medicine

Member, Patient Advocate Taskforce

American Academy of Dermatology

11/2010 - 03/2013

Resident voice for responsible for coordinating activities between the AAD and the patient advocate groups to support the mutual goal of supporting the interest of dermatology patients. Meet twice annually in person in addition to monthly or bi-monthly teleconferences.

HONORS

2011 American Academy of Dermatology Association Legislative Conference Resident Scholarship Award

2010 Society of Investigative Dermatology Scholarship Reward, Resident Retreat for Future Academicians

Alpha Omega Alpha

Mortar Board Honor Society

American Medical Association Scholars Fund Recipient, 2006-2007

Kappa Alpha Theta Foundation Scholarship, 2004-2005