

# Pradeep Bollu, MD

## PEER REVIEWED PUBLICATIONS

- Madihah Hepburn M.D, **Pradeep C. Bollu M.D**, Brandi French M.D, Pradeep Sahota MD; Sleep and Stroke- Review article in Missouri Medicine. Mo Med. 2018 Nov-Dec;115(6):527-532.
- Yelam A, **Bollu P** (October 29, 2018) An Unusual Case of Antiphospholipid Syndrome Presenting as Chorea. Cureus 10(10): e3508. doi:10.7759/cureus.3508.
- Anudeep Yelam, Elanagan Nagarajan, Raghav Govindarajan, **Pradeep C. Bollu**. A Rare case of recurrent Guillain-Barre syndrome without albuminocytological dissociation. *BMJ Case reports* 2018; doi:10.1136/bcr-2018-226572
- Shankar Kikkeri N, Sakuru R, Ngnitewe Massa A R, **Pradeep C. Bollu**, Raghav Govindarajan. (September 24, 2018) Mononeuropathy due to Entrapment of Dorsal Cutaneous Peroneal Nerve: Clinical, Electrophysiological, and Imaging Findings . Cureus 10(9): e3350. doi:10.7759/cureus.3350
- Shankar Kikkeri N, Nagarajan E, Sakuru R, **Pradeep C. Bollu**. (September 28, 2018) Horner Syndrome Due to Spontaneous Internal Carotid Artery Dissection. Cureus 10(9): e3382. doi:10.7759/cureus.3382
- **Pradeep C. Bollu MD**, Anudeep Yelam, Mahesh Thakkar. Restless Legs Syndrome. Review article in Missouri Medicine. July-August, 2018.
- **Pradeep C. Bollu MD** (August 17, 2018) Non-ketotic Hyperglycemia Presenting with Acute Hemichorea and Ballism. Case report in American Journal of Hospital Medicine.
- Yelam A, **Bollu P** (May 29, 2018) Delayed Hypoxic Reversible Leukoencephalopathy Syndrome. Cureus 10(5): e2702. doi:10.7759/cureus.2702
- Lunagariya A, Rupareliya C, **Bollu P**, et al. (May 22, 2018) Temporal Arteritis Presenting as an Isolated Bilateral Abducens Nerve Palsy: A Rare Case of a 65-year-old Male. Cureus 10(5): e2667. doi:10.7759/cureus.2667
- Nagarajan E, Rupareliya C, **Bollu P** (May 09, 2018) Wernicke's Encephalopathy as a Rare Complication of Hyperemesis Gravidarum: A Case Report and Review of Literature. Cureus 10(5): e2597. doi:10.7759/cureus.2597
- **Pradeep C Bollu MD**, Munish Goyal MD, Mahesh Thakkar PhD, Pradeep Sahota MD; Parasomnias – Review article in Missouri Medicine.

- Katyal N, Wadhwa A, **Bollu P** (February 13, 2018) Multiple Cranial Neuropathies in a Patient with Diffuse Large B-cell Lymphoma: Case Report and Review of Literature . *Cureus* 10(2): e2186. doi:10.7759/cureus.2186
- Bokka Satish MD, Pesala Sivaprasad MD, **Pradeep C. Bollu MD**; Acute Esotropias in the setting of Heroin Withdrawal- Case report in *American Journal of Hospital Medicine*. Jan-March 2018.
- **Pradeep C Bollu MD**, Sivaraman Manjamalai MD, Mahesh Thakkar PhD, Pradeep Sahota MD; Hypersomnia – Review article in *Missouri Medicine*.
- Natteru P, Rupareliya C, Zhou X, **Bollu P** (October 24, 2017) Obstructive Sleep Apnea Presenting as Non-epileptic Spells: A Unique Combination. *Cureus* 9(10): e1800. doi:10.7759/cureus.1800
- **Bollu P**, Rupareliya C (October 16, 2017) Therapeutic Stroke - an Interesting Case of Ischemic Stroke in Bilateral Thalamic and Subthalamic Regions Resulting in Reduction of Essential Tremor. *Cureus* 9(10): e1777. doi:10.7759/cureus.1777
- Godasi R, Rupareliya C, **Bollu P** (October 04, 2017) Bilateral Occipital Lobe Hemorrhages Presenting as Denial of Blindness in Posterior Reversible Encephalopathy Syndrome– A Rare Combination of Anton Syndrome and Encephalopathy. *Cureus* 9(10): e1746. doi:10.7759/cureus.1746
- **Bollu PC**, Manjamalai S. Vagal nerve stimulator induced chin electromyography artifact. *Sleep medicine*. 2017;38:14-16.
- **Pradeep C Bollu, MD**; Pradeep Sahota, MD, FAAN. Sleep in Parkinson disease – Review article in *Missouri medicine*.
- Soni CR, Kumar G, **Bollu PC**, Sahota P, Litofsky NS. Salmonella brain abscess in a patient on chronic azathioprine therapy for myasthenia gravis: report of an unusual case and review of literature in the postantibiotic era. *Journal of neurovirology*. 2010;16(1):83-92.

## **BOOK (Co-editor)**

- **Sleep Issues in Neuromuscular Disorders** – Raghav Govindarajan MD and **Pradeep C. Bollu, MD** Springer Nature.

Link for purchase: [https://www.amazon.com/Sleep-Issues-Neuromuscular-Disorders-Clinical-book/dp/B07CV6ZVQV/ref=sr\\_1\\_1?ie=UTF8&qid=1526865538&sr=8-1&keywords=pradeep+c+bollu](https://www.amazon.com/Sleep-Issues-Neuromuscular-Disorders-Clinical-book/dp/B07CV6ZVQV/ref=sr_1_1?ie=UTF8&qid=1526865538&sr=8-1&keywords=pradeep+c+bollu)

## **BOOK CHAPTERS**

- **Pradeep C. Bollu MD** and Sivaraman Manjamalai MD  
Counselling: An Important Quality Metric  
AASM Case Book of Sleep Medicine, Third Edition.
- Prashanth Natteru MD and **Pradeep C Bollu, MD**  
The basics of Polysomnography.  
Sleep issues in Neuromuscular Disorders: A clinical guide by Raghav Govindarajan and Pradeep C Bollu. Springer; ISBN-13: 978-3319730677; ISBN-10: 3319730673
- Sushma Yerram MD, **Pradeep C Bollu, MD** and Pradeep Sahota MD, FAAN  
Sleep issues in Motor Neuron Diseases  
Sleep issues in Neuromuscular Disorders: A clinical guide by Raghav Govindarajan and Pradeep C Bollu. Springer; ISBN-13: 978-3319730677; ISBN-10: 3319730673
- Prashanth Natteru MD, Siva Pesala MD, **Pradeep C Bollu, MD** and Raghav Govindarajan MD  
Sleep issues in Neuromuscular Junction disorders  
Sleep issues in Neuromuscular Disorders: A clinical guide by Raghav Govindarajan and Pradeep C Bollu. Springer; ISBN-13: 978-3319730677; ISBN-10: 3319730673
- Vijay Kodadhala MD and **Pradeep C Bollu, MD**  
Troubleshooting with Non-invasive ventilation.  
Sleep issues in Neuromuscular Disorders: A clinical guide by Raghav Govindarajan and Pradeep C Bollu. Springer; ISBN-13: 978-3319730677; ISBN-10: 3319730673
- **Pradeep C Bollu MD**, Nakul Kathyal MD  
Pictures and Tables.  
Sleep issues in Neuromuscular Disorders: A clinical guide by Raghav Govindarajan and Pradeep C Bollu. Springer; ISBN-13: 978-3319730677; ISBN-10: 3319730673
- **Bollu P**, Goyal M, Sahota P. Chapter on Sleep deprivation. Sleepy or Sleepless: A Clinical Approach to the Sleep Patient. In Malhotra R (Ed.). Sleepy or sleepless: A Clinical Approach to the Sleep Patient. Springer.

## ABSTRACT/POSTER PRESENTATIONS

- **Delta power in Obstructive Sleep Apnea with predominant Respiratory Effort Related Arousals before and after therapy with Continuous Positive Airway Pressure.** Accepted for poster presentation at the AASM Annual Meeting in San Antonio, June 08-12, 2019.
- **False Negative Home Sleep Apnea Testing- An Important Concept to prevent misdiagnosis in patients with underlying Sleep Apnea.** Accepted for poster presentation at the AASM Annual Meeting in San Antonio, June 08-12, 2019.
- **Amyloid Myopathy as an initial manifestation of Primary AL associated amyloidosis: A Case Report and review of literature.** Accepted for poster presentation at AAN Annual Meeting 2019, Philadelphia.
- **Elanagan Nagarajan MD; Pradeep C Bollu, Brandi R French MD, Ahmir Ashif MD, Adnan I Qureshi MD; White Matter Abnormalities in Patients with Hemiplegic Migraine.** Poster presented at the 42<sup>nd</sup> Annual Meeting of American Society of Neuroimaging at Puerto Rico, Jan 24-26, 2019.
- **Elanagan Nagarajan MD, Anudeep Yelam, Pradeep C. Bollu; Rapidly Progressive Global Cerebral Atrophy in the setting of Anti LGII Encephalitis.** Poster presented at the 42<sup>nd</sup> Annual Meeting of American Society of Neuroimaging at Puerto Rico, Jan 24-26, 2019.
- **Taylor R Ross, Pradeep C. Bollu.** Analysis of Psychiatric Comorbidities in Myasthenia Gravis. Poster presented at the annual health sciences research day, Nov 15, 2018.
- **Anudeep Yelam, Taylor R Ross, Pradeep C. Bollu.** False Negative Home Sleep Apnea Testing – An important concept to prevent misdiagnosis in patients with underlying Sleep Apnea. Poster presented at the annual health sciences research day, Nov 15, 2018.
- **Xi Ren, Fernando Valle-Inclán, Pradeep Bollu, Steven Hackley.** Emotion-Induced Startle Blink Potentiation May Be Overshadowed by Reward Processing in Parkinson's Disease. Poster presented in the Annual Meeting of the Society for Psychophysiological Research, Quebec City, 2018.
- **Kaur Harleen, Tracy Moll, Raja Boddepalli, Elanagan Nagarajan, Hariharan Regunath, Pradeep C. Bollu MD.** Narcolepsy type 2 due to recurrent Herpes Encephalitis- Case report and review of literature. Poster accepted for ANA2018 Atlanta, GA -Oct 21-23, 2018.
- **Kaur Harleen, Chintan Rupareliya, Raja Godasi, Shail Thanki, Pradeep C. Bollu, MD.** Parkinsonism with Pallidal T1 hyperintense MRI signal in the setting of Portal vein thrombosis- Is Manganese deposition the culprit? Poster accepted for ANA2018 Atlanta, GA -Oct 21-23, 2018.

- Elanagan Nagarajan, MD and **Pradeep C. Bollu MD**. Painless legs and moving toes presenting as a tardive phenomenon – Case report and review of literature. Poster accepted for 2<sup>nd</sup> Pan American Parkinson’s disease and movement disorders congress, Miami, FL.
- Bhartee H, Sahota P, Sivaraman M, Govindarajan R, **Bollu P**, Goyal M. Small fiber neuropathy in patients with refractory RLS: A Case series. Poster accepted for Annual Meeting of the American Academy of Sleep Medicine, 2018, Baltimore MD.
- Munish K Goyal, Mahesh M Thakkar, N Taylor, L Yin, **Pradeep C. Bollu**, M Sivaraman, P Sahota. The Effect Of Gabapentin Enacarbil On Dopaminergic Augmentation In Patients With Primary Restless Legs Syndrome. Poster accepted for Annual Meeting of the American Academy of Sleep Medicine, 2018, Baltimore MD.
- S Singh, Mahesh M Thakkar, **Pradeep C. Bollu**, Munish K Goyal, M Sivaraman, H Bhartee, J Johnson, D Smith, P Sahota; Can qEEG Be Used For Evaluation Of Cognitive Decline In OSA Patients? Poster accepted for Annual Meeting of the American Academy of Sleep Medicine, 2018, Baltimore MD.
- K Bhatia, **Pradeep Bollu**, Navpreet Bains. Syndrome of transient headache with neurological deficits and CSF lymphocytosis (HaNDL) presenting with Diffusion Restriction in the Splenium of Corpus Callosum: Case report and review of literature – Poster presented at American Academy of Neurology 70th Annual Meeting, April 21 to April 27, 2018 in Los Angeles, CA
- Elanagan Nagarajan, M Sivaraman, **Pradeep Bollu**. Is diffusion restriction of the optic disc head a new marker for Idiopathic Intracranial Hypertension? Poster presented at American Academy of Neurology 70th Annual Meeting, April 21 to April 27, 2018 in Los Angeles, CA
- Raghav Govindarajan, Penny McQueen, **Pradeep Bollu**, Pradeep Sahota. Developing a Comprehensive Pre-Residency Acclimatizing Program for International Medical Graduates- Poster presented at American Academy of Neurology 70th Annual Meeting, April 21 to April 27, 2018 in Los Angeles, CA
- Natalie Kukulka, Shalvinder Seehra, Rohit Gummi, **Pradeep Bollu**, Fang Zhang, Raghav Govindarjan. Cognitive Biases at Bedside Resulting in Diagnostic Error of Myasthenia Gravis- Poster presented at American Academy of Neurology 70th Annual Meeting, April 21 to April 27, 2018 in Los Angeles, CA
- Elanagan Nagarajan, Sushma Yerram, **Pradeep Bollu**, J Shenker. Primary central nervous system lymphoma presenting as Parkinsonism with atypical MRI findings and elevated 14-3-3 protein- Poster presented at American Academy of Neurology 70th Annual Meeting, April 21 to April 27, 2018 in Los Angeles, CA

- Chakrapani Pathikonda, Spurthi Surpur MD, **Pradeep Bollu MD**, Fang Zhang MD, Raghav Govindarajan MD  
Cognitive errors at bedside leading to misdiagnosis of Guillian Barre' Syndrome  
**Poster presented at Annual health sciences research, 2017 at University of Missouri, Columbia.**Poster presented at American Academy of Neurology 70th Annual Meeting, April 21 to April 27, 2018 in Los Angeles, CA
- Shalvinder Seehra, Natalie Kukulka, Rohit Gummi, **Pradeep Bollu, MD**, Fang Zhang MD, MHA, Raghav Govindarajan MD.  
Cognitive errors in the diagnosis of Myasthenia gravis.  
**Poster presented at Annual health sciences research, 2017 at University of Missouri, Columbia.**
- Vijay Kodadhala MD, Raja Srinivas Boddepalli MD, Dhinesh Reddy Gurala MD, **Pradeep C Bollu MD**  
Can Individual questions of Epworth Sleepiness scale predict the diagnosis of Obstructive sleep apnea? A retrospective study – Abstract presented in Annual Sleep meeting at Boston, 2017.
- **Hema Madhuri Mekala, MD; Pradeep C. Bollu, MD**  
**Increased Prevalence of Psychiatric Comorbidities In Idiopathic Hypersomnia Compared With Narcolepsy - Abstract presented in Annual Sleep meeting at Denver Colorado, 2016.**
- Josph V, Ramalingam A, Devasahayam J, **Bollu P**, Johnson J, Goyal M, Sivaraman M, Sahota P, Alpha delta sleep in polysomnogram and its association with fibromyalgia, depression and other chronic pain conditions. Annual Meeting of the American Academy of Sleep Medicine, 2016. Denver, CO
- Pesala, Shiva MD; Krishna, Nallaballe, MD; **Pradeep C. Bollu, MD**  
Hypersomnia and reduction in essential tremor after bilateral subthalamic ischemic stroke -**Abstract accepted for AAN annual conference at Vancouver, BC, Canada**
- **Krishna C Nalleballe; Krishna M Galla; Pradeep C Bollu; Sanjeeva Reddy Onteddu**  
**'The July Effect' in ischemic stroke patients receiving tPA**  
**Poster presented at International Stroke Conference 2015.**
- **Bollu P, Kale A, Goyal M, Sivaraman M, Sahota P.**  
**Idiopathic Hypersomnia - Demographic and Polysomnographic Features In Comparison With Narcolepsy Without Cataplexy. Abstract presented at AASM annual conference in Seattle, June, 2015.**
- **Krishna Nalleballe, Neville Jadeja, Pradeep Bollu and Sanjeeva Onteddu**  
**DWI Negative Stroke: Learning Points for Imaging in Acute Stroke**  
Poster presented at AAN, 2015.

- **Kale A, Bollu P**, Goyal M, Thakkar M, Sahota, P.  
**Sleep and Psychiatric Comorbidities in Obese and Non-Obese Narcolepsy Patients in Mid-Missouri**  
**Abstract presented at AASM annual conference in Seattle, June, 2015.**
- Jayleenkumar Patel , David Lesko, **Pradeep C. Bollu, MD**; Pradeep Sahota, MD; Mahesh Thakkar, PhD  
Using Spectral Analysis of Electroencephalogram to detect changes in cortical activity in Obstructive Sleep Apnea.  
**Poster presented at Annual health sciences research, 2015 at University of Missouri, Columbia.**
- David Lesko, Jayleenkumar Patel , **Pradeep C. Bollu, MD**; Pradeep Sahota, MD; Mahesh Thakkar, PhD  
**Assessment of Obstructive Sleep Apnea using Spectral Analysis of Electroencephalogram.**  
**Poster presented at Annual health sciences research, 2015 at University of Missouri, Columbia.**
- **Bollu P**, Lim A, Manjamalai S, Goyal M, Sahota P. Vagal Nerve Stimulator induced ‘Pearls on String’ Chin EMG artifact. Poster presentation at AASM annual conference at Minneapolis, MN 2014.
- **Bollu P**, Thakkar M, Goyal M, Sivaraman M, Johnson J, Sahota P. REM sleep related breathing disorder – Demographics and Clinical features. Poster presentation at AASM annual conference at Minneapolis, MN 2014.
- **Bollu P**, Vellipuram A, Sandhu D, Miller D, Chuquilin Arista M. Hemiparesis and Demyelination as Presentation of NMDA Receptor Antibody Encephalitis. Poster presented at AAN, San Diego, CA, 2013
- **Bollu P**, Shi Lim MD, Anantha Vellipuram MD, Gulshan Uppal MD and Niranjan Singh MD. Delayed Hypoxic Reversible Leukoencephalopathy Syndrome( DHRLS)  
Poster presented at AAN, San Diego, CA 2013.
- S Lim, A Kale, M Sivaraman, **P Bollu**, A Vellipuram  
Leukodystrophic Changes in Occulodental-digital dysplasia  
Poster presented at AAN, San Diego, CA 2013.
- A Vellipuram, D Sandhu, G Uppal, **P Bollu**, N Singh  
Ruptured Intracranial Aneurisms: Dangerously small? A 5-year retrospective review  
Poster presented at AAN, San Diego, CA 2013.
- A Vellipuram, D Sandhu, G Uppal, **P Bollu**, N Singh  
Does an Interventional Neurologist Change the Practice of Acute Stroke Care ? A 4 year retrospective review.  
Poster presented at AAN, San Diego, CA 2013.

- Lim A, Dholakia S, **Bollu P**, Sahota P, Thakkar M. Effect of CPAP therapy on periodic limb movements of sleep (PLMS) in patients with obstructive sleep apnea. Poster presented at: 26th Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 2012.
- Lim S, Dholakia S, Thakkar MM, **Bollu P**, Sivaraman M, Goyal MK, Sahota P. Effect of Severity of Obstructive Sleep Apnea on Respiratory Effort Related Arousal Index. Poster presented at: 26th Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 2012.
- **Bollu P**, Lim A, Uppal G, Singh N. Hemorrhagic PRES presenting as reversible Binocular vision loss - case report and review of literature. Poster presented at: AAN; New Orleans, April 2012.
- *Lim S, Neelam V, Patel N, Thakkar M, **Bollu P**, Columbia, MO*  
**Efficacy of Amitriptyline as a Prophylactic Agent for Headaches in Pediatric Population**  
 Poster presented at: AAN; New Orleans, April 2012.
- Nassif G, **Bollu P**, Thakkar M, Sivaraman M, Sahota P. Cardiac parameters in subjects with REM sleep predominant apnea. Poster presented at: AASM; Seattle, WA, June 2009.
- Sarwal A, Hunter R, Gu C, **Bollu P**, Singh N, Dhand U. Tacrolimus associated peripheral neuropathy. Poster presented at: AANEM annual meeting; San Diego, CA, October 2009.



## ONLINE PUBLICATIONS

- **Pradeep C. Bollu MD**, Aashit K Shah, MD, FAAN, FANA and David E Stickler, MD. Single Fiber EMG- Medscape article (updated on March 13, 2019).
- Ragha Sakuru, **Pradeep C. Bollu**; Millard Gubler Syndrome - Review article published in StatPearls.
- Zalan Khan, **Pradeep C. Bollu**; Epilepsia Partialis Continua - Review article published in StatPearls.
- Ragha Sakuru, **Pradeep C. Bollu**; Hurler's syndrome - Review article published in StatPearls.
- Tripti R Chopade, **Pradeep C. Bollu**; Hemifacial Spasm - Review article published in StatPearls.
- Harleen Kaur, **Pradeep C. Bollu**; Insomnia, Chronic – Review article published in StatPearls.
- Navarro-Orozco D, **Bollu PC**; Neuroanatomy, Medial Lemniscus ( Reils Band, Reils Ribbon)- Review article Published in StatPearls.
- Bear MH, **Bollu PC**; Neuroanatomy, Hypothalamus - Review article Published in StatPearls
- Zalan Khan, **Pradeep C. Bollu**; Horner Syndrome - Review article published in StatPearls.
- Gurneet Chahil, **Pradeep C. Bollu** ; Rett Syndrome – Review article published in StatPearls. PMID: 29489169
- Raja Godasi, **Pradeep C. Bollu**; Primary Central Nervous System Vasculitis – Review article published in StatPearls.
- Hughes RE, **Bollu PC**; TPA Therapy- Review article Published in StatPearls
- Zalan Khan, **Pradeep C. Bollu**; Fatal Familial Insomnia - Review article published in StatPearls. PMID: 29489284
- Nakul Katyal, **Pradeep C. Bollu**; Obesity Hypoventilation Syndrome - Review article published in StatPearls.
- Omar A, **Bollu PC**; Physiology Neuromuscular Junction - Review article Published in StatPearls
- Rudrappa M, **Bollu PC**; Cheye Stokes Respirations - Review article Published in StatPearls
- Foris LA, **Bollu PC**; Encephalopathy, Hepatic- Review article Published in StatPearls
- Singh N, **Bollu P, Thomas F**. Progressive Multifocal Leukoencephalopathy in HIV – Medscape article (updated in April-May, 2013)
- Singh N, **Bollu P, Thomas F**. HIV Encephalopathy and AIDS Dementia Complex– Medscape article (updated in April-May, 2013)
- Singh N, **Bollu P, Thomas F**. Acute and Chronic Inflammatory Demyelinating Polyneuropathy in HIV – Medscape article (updated in April-May, 2013)

## MEDIA

### National/ International

- **15 Ways to Sleep Better Tonight, According to Experts- Interview featured in ‘Goodhousekeeping.com’**(Weblink: <https://www.goodhousekeeping.com/health/wellness/a19876/sleep-better/>)
- **Daylight saving time 2019 starts on Sunday. Here’s how to prepare so you’re not tired on Monday- Article published on NBC news** (Weblink: <https://www.nbcnews.com/better/lifestyle/daylight-saving-time-2019-starts-sunday-here-s-how-prepare-ncna979556>)
- **‘How to Wake Up Early and Become a Morning Person, According to Experts’-. Interview featured on ‘Goodhousekeeping.com’** (Weblink: <https://www.goodhousekeeping.com/health/g26326568/how-to-wake-up-early/>). The same interview was featured in the article-‘**Sleep Doctors Say This Is the Best Way to Become a Morning Person**’ (weblink: <https://www.msn.com/en-sg/health/wellness/sleep-doctors-say-this-is-the-best-way-to-become-a-morning-person/ss-BBTv6CP?li=BBR91no&srcref=rss>)
- **What Neurologists Want You to Know About OTC Sleep Aids- Interview featured in MSN news about the usage and recommendations on Over The Counter Sleep Aids** (Weblink: <https://www.msn.com/en-us/health/wellness/what-neurologists-want-you-to-know-about-otc-sleep-aids/ar-BBSY7FH>).
- **What You Need to Know About OTC Sleep Aids, According to Neurologists- Interview featured in ‘Goodhousekeeping.com’ about Over the Counter sleep aids.** (weblink: <https://www.goodhousekeeping.com/health/wellness/a25935472/best-over-the-counter-sleep-aids/>).
- **What Neurologists Want You to Know About OTC Sleep Aids- Interview featured in Yahoo News about Over the Counter Sleep Aids** (weblink: <https://news.yahoo.com/neurologists-want-know-otc-sleep-182000962.html>)
- **6 Sleep Teas People swear by for Total Relaxation- Interview featured in ‘Goodhousekeeping.com’ about natural remedies for sleep and relaxation.** (web link: <https://www.goodhousekeeping.com/food-products/g25858207/best-sleep-tea-reviews/>)
- **Want to minimize jet lag? Here is what the doctors order – Washington Post article on jet lag, published on 8/30/18.** (Web link: [https://www.washingtonpost.com/lifestyle/travel/want-to-minimize-jet-lag-heres-what-the-doctors-order/2018/08/29/23c14836-a7d8-11e8-97ce-cc9042272f07\\_story.html?utm\\_term=.6e743dc7a386](https://www.washingtonpost.com/lifestyle/travel/want-to-minimize-jet-lag-heres-what-the-doctors-order/2018/08/29/23c14836-a7d8-11e8-97ce-cc9042272f07_story.html?utm_term=.6e743dc7a386)). Same interview posted on ‘**The Gazette**’ on Sep 4, 2018 (Web link: [https://gazette.com/life/want-to-minimize-jet-lag-here-s-what-the-doctors/article\\_3f961682-ac69-11e8-9bf5-3b1079be4f3f.html](https://gazette.com/life/want-to-minimize-jet-lag-here-s-what-the-doctors/article_3f961682-ac69-11e8-9bf5-3b1079be4f3f.html)) and on ‘**Star Tribune**’ on Sep 14,

2018 ( weblink : <http://www.startribune.com/want-to-minimize-jet-lag-here-s-what-doctors-order/493195701/>).

### Local

- **Sleep Apnea- Today's health with MU health. Interview featured on KXEO Mexico Radio.** (weblink: <https://kxeo.com/2019/03/21/sleep-apnea-the-topic-on-todays-your-health-with-mu-health-on-kxeo/>)
- **Daylight Saving Time: Why you might feel groggy Monday Morning – Interview featured on 13KRCG TV on March 11<sup>th</sup>, 2019.**( Weblink: <https://krcgtv.com/news/local/daylight-saving-time-why-you-might-feel-groggy-monday-morning>)
- **Sleep apnea and treatment options – Live interview on KRCG-TV (CBS) – Aired on 2/15/19.** (weblink: <http://mms.tveyes.com/PlaybackPortal.aspx?SavedEditID=840be08d-6a8d-40f2-bb4d-0407f1bc20d7>)
- **‘Sound Sleep’ – Article published in ‘inside Columbia’ magazine on Jan 11, 2019. This article is about treatments of sleep apnea including ‘inspire therapy’** (weblink: <https://insidecolumbia.net/2019/01/03/sound-sleep/>)
- **Inspire Therapy for Sleep Apnea – MU Health Care coverage in local news papers and magazines-**  
[https://www.columbiatribune.com/section/promotedcontent?prx\\_t=2kMEAnA4uAbycQA](https://www.columbiatribune.com/section/promotedcontent?prx_t=2kMEAnA4uAbycQA) ;  
[https://www.kirksvilledailyexpress.com/section/promotedcontent?prx\\_t=2kMEAnA4uAjkPA](https://www.kirksvilledailyexpress.com/section/promotedcontent?prx_t=2kMEAnA4uAjkPA) ;  
[https://www.moberlymonitor.com/section/promoted/?prx\\_t=2kMEAnA4uAvPkPA](https://www.moberlymonitor.com/section/promoted/?prx_t=2kMEAnA4uAvPkPA) ;  
[https://www.lakenewsonline.com/section/promotedcontent?prx\\_t=2kMEAnA4uAEfkPA](https://www.lakenewsonline.com/section/promotedcontent?prx_t=2kMEAnA4uAEfkPA) ;  
[https://www.therolladailynews.com/section/promotedcontent?prx\\_t=2kMEAnA4uAX\\_kPA](https://www.therolladailynews.com/section/promotedcontent?prx_t=2kMEAnA4uAX_kPA)
- **Discovering New Treatment Options For Sleep Apnea – Interview on Sleep Disorders featured in MU Health website on Oct 8,2018.** (Weblink: <https://www.muhealth.org/our-stories/discovering-new-treatment-options-sleep-apnea>)
- **Sleep Apnea and Inspire Therapy – Radio interview for KFRU Newstalk 1400 AM with David Lile – Aired on 8/15/18.** ( web link : <https://soundcloud.com/user-690109217/dr-pradeep-bollu-mu-health-care> )
- **‘Impact of Drowsy Driving’ – TV interview for KMIZ-TV – Aired on 7/18/18.** (web link : <https://www.abc17news.com/news/crime/man-blames-sleep-deprivation-for-deadly-boone-county-crash/769834733>).