As many as one in four women will experience urinary incontinence in her lifetime — and unfortunately, incontinence is a leading reason that senior citizens are moved to nursing homes. Despite common misperceptions, however, incontinence is not a normal part of aging. In the clinic and through her research, Dwarica works to help women dealing with this issue and with other pelvic floor disorders (PFDs).

Among other findings, Dwarica has demonstrated that a knowledge gap exists regarding the relationships between endometrial (uterine) cancer and PFDs. She has also examined the effects of pregnancy on sexual relationships, concluding that — while women report more problems with communication regarding sexual needs — overall, sexual satisfaction is not reduced. Her research has appeared in leading publications, including the Journal of Sexual Medicine and Female Pelvic Medicine and Reconstructive Surgery.

Dwarica actively assists women who are experiencing PFDs. She treats patients at the Female Continence and Advanced Pelvic Surgery Clinic, part of MU Health. “Women should feel comfortable about seeing a doctor with any question,” she says. “We have experts in every field that can take care of every type of problem.”

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