Here’s what you need

- Deli turkey
- Shredded cheese
- Clementine
- Celery
- Peanut butter
- Bread
- Strawberries
- Carrots
- Ranch dressing

- Low-fat Greek yogurt
- Tuna (three pouches)
- Salad (two kits)
- Bananas
- Crackers
- Flour tortillas
- Hummus
- Low-fat milk

To make these 10 lunches

1. Toast with peanut butter, topped with strawberries
   Celery and carrots with ranch dressing
   Yogurt
2. Tuna taco with cheese
   Half salad kit
   Banana
3. Half salad kit with tuna added
   Strawberries
   Crackers
   Yogurt
4. Cheese quesadilla
   Half salad kit
   Strawberries
5. Tuna packet with crackers
   Carrots with hummus
   Yogurt topped with strawberries

6. Half salad kit
   Toast with peanut butter
   Eight ounces of milk
7. Peanut butter and banana on a tortilla
   Carrots and celery with ranch dressing
   Crackers
   Eight ounces of milk
8. Yogurt with banana
   Crackers
   Turkey and cheese rollup
   Carrots and hummus
9. Yogurt with peanut butter
   Turkey and cheese with crackers
   Celery with ranch dressing
   Clementine
10. Toast with peanut butter, topped with strawberries
    Celery and carrots with ranch dressing
    Yogurt