

Here's what you need

Deli turkey
Shredded cheese
Clementine
Celery
Peanut butter
Bread
Strawberries
Carrots
Ranch dressing

Low-fat Greek yogurt
Tuna (three pouches)
Salad (two kits)
Bananas
Crackers
Flour tortillas
Hummus
Low-fat milk

To make these 10 lunches

(1) Toast with peanut butter, topped with strawberries
Celery and carrots with ranch dressing
Yogurt
(2) Tuna taco with cheese
Half salad kit
Banana
(3) Half salad kit with tuna added
Strawberries Crackers
Yogurt
(4) Cheese quesadilla
Half salad kit
Strawberries
(5) Tuna packet with crackers
Carrots with hummus
Yogurt topped with strawberries

(6) Half salad kit
Toast with peanut butter
Eight ounces of milk
(7) Peanut butter and banana on a tortilla
Carrots and celery with ranch dressing
Crackers
Eight ounces of milk
(8) Yogurt with banana
Crackers Turkey and cheese rollup
Carrots and hummus
(9) Yogurt with peanut butter
Turkey and cheese with crackers
Celery with ranch dressing Clementine
(10) Toast with peanut butter, topped with strawberries
Celery and carrots with ranch dressing
Yogurt