Intragastric Balloon Therapy
Weight Loss System

The FDA approved solution that lets you lose 3 times as much weight as diet and exercise alone.
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Weight Loss System

This comprehensive two-part program is designed to help you lose weight while developing sustainable, healthy habits that will help you keep it off over time.

**On average, patients lose 3.1 times the weight they would with diet and exercise alone.**

With a 20 year history of helping thousands of people lose weight and more than 220,000 procedures completed worldwide, this FDA approved solution is a safe, effective and non-surgical treatment option.

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### How it works

We start by placing a soft balloon in your stomach to reinforce proper portion control. The balloon takes up space in your stomach, helping you eat smaller meals. Best of all, there is no surgery or incisions involved.

Once the balloon is in place, the second part of our system begins with coaching from a team of experts, who offer support every step of the way, helping you learn to make more healthy meal choices. In order to ensure you achieve a true lifestyle change, coaching continues even after the balloon is removed for a total of 12 months.

At six months, the balloon is deflated and removed in the same way it was placed using a non-surgical procedure.

### The procedure

We perform the non-surgical procedure using only a mild sedative and it’s relatively quick and simple. The thin and deflated balloon is placed into the stomach and is then filled with saline until it’s about the size of a grapefruit. The procedure typically takes about 20-30 minutes so you can go home the very same day. At six months, the balloon is removed in the same way it was placed. Through a non-surgical procedure done under a mild sedative, it is first deflated and then removed.

### The results

Most patients experience rapid results with the majority of weight loss typically occurring in the first three months of treatment. Our two-part system that includes nutrition coaching has been proven to keep the weight off even after the balloon is removed. Data collected in a U.S. clinical trial showed that the average person lost 3.1 times the weight compared with diet and exercise alone within six months.

However, the adjustments to your eating habits and your continued efforts to stay active will greatly influence your results and long-term success.

### Who is eligible?

To qualify for this procedure you must be an adult with a Body Mass Index (BMI) of at least 30 and be willing to participate in a medically supervised weight loss program for at least 12 months.

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**Ready to learn more?**

Call (573) 882-LOSE (5673) to schedule your consultation today.
Location

Missouri Bariatric Services
1000 W. Nifong Blvd.
Building 2, Suite 220
Columbia, MO 65203

(573) 882-LOSE (5673)

Connect to our private weight loss community on Facebook.
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