

Allergy History Form

Current Complaint: _____

Approximately when did it start or how long has it been an issue? _____

When you first noticed it, which areas of your body was it located? _____

How would you describe the severity when first noticed? ___ Mild ___ Moderate ___ Severe

Which area(s) of your body is it located currently? _____

How would you describe the severity now? ___ Mild ___ Moderate ___ Severe

How would you describe current state? ___ Stable ___ Increasing ___ Decreasing ___ Unclear

Does it worsen? ___ During work week ___ After weekend

Does it improve? ___ After weekend ___ After holidays/vacations

Do your outbreaks occur: ___ Annually ___ Seasonally ___ Monthly ___ Unclear

Describe what an outbreak looks like: _____

Have you had previous outbreaks? ___ Yes ___ No Date(s): _____

Have you self-treated previous outbreaks? ___ Yes ___ No Date(s): _____

Have you been treated by a physician for previous outbreaks? ___ Yes ___ No Date(s): _____

History of Allergic Disorders

___ Asthma ___ Hay Fever ___ Childhood Eczema ___ Urticaria

Food Allergy: ___ Known ___ Suspected Type _____

Other known allergies: ___ Nickel/metals ___ Flowers/Trees/Grasses ___ Perfume/Fragrance

___ Latex (type I) ___ Insects ___ Medicines ___ Rubber ___ Animals Other: _____

Suspected allergies: _____

Previous drug reactions: ___ None ___ Yes (drug/date) _____

Family History of:

Allergies and Asthma? ___ Yes ___ No Hay Fever? ___ Yes ___ No Eczema? ___ Yes ___ No

Relationship to you? _____ Disease? _____

Allergy History Form

Home Environment:

Do you live in a/an: Home Apartment/Condo Built after 1980? Yes No

Renovated since 1980? Yes No Location? Suburban Urban Rural

How long have you lived in your current residence? _____

Any pets? None Cats Dogs Birds Rodents Livestock: _____ Other: _____

Current Animal Contact? Daily Rare Occasional Pets in the house? Yes No

Pets/Animals as a Child? None Type: _____ Contact? Rare Frequent

Symptoms around animals? Yes No Describe: _____

Housecleaning frequency? Daily Weekly Monthly Occasionally Rarely

Participate in Housecleaning? Never Always Occasionally Rarely

Equipment/Materials Used? _____

Help with Laundry? Never Daily Weekly Occasionally Detergent: _____

Symptoms at home? No Yes Describe: _____

Sports/Hobbies:

Golf Tennis/Racquetball Woodworking Computers Baseball Sewing

Football Skiing Knitting/Needlework Paper Crafts Ceramics Piano

Painting Guitar Running/Hiking Home Repairs Basketball

Photography Other: _____

Frequency? Daily Few times weekly Weekends only Rarely Time spent? _____

Equipment/Materials Used? _____

Symptoms with sports or hobbies? No Yes Describe: _____

Personal Care:

How often do you wash your hands? _____ Soap Type? _____

How often do you take a bath? _____ Soap Type? _____

Allergy History Form

How often do you use....

Lotion _____

Creme _____

Cologne/Perfume _____

Aftershave _____

Shaving Cream _____

Hair Coloring _____

Toothpaste _____

Mouthwash _____

Shampoo _____

Conditioner _____

Hair Styling Aids _____

Nail Conditioner/remover: _____

Nail Polish _____

Artificial Nails _____

Contact Lenses _____

Saline/Cleaner: _____

Makeup Use: ___ Foundation/Base ___ Blush ___ Eyeshadow ___ Eyeliner ___ Mascara

___ Remover ___ Lipstick/Gloss/Liner ___ Concealer ___ Face Powder Other: _____

Facials: ___ Toner/Astringent ___ Masque ___ Moisturizer/Cream ___ Cleanser Other: _____

Condoms/Diaphragms: ___ Daily ___ Weekly ___ Monthly ___ Occasionally ___ Don't Use

Type used: _____

Other personal care products used and how often? _____

Symptoms with Personal care: _____

Jewelry & Tattoos:

Jewelry Type? ___ Earring(s) ___ Ring(s) ___ Bracelet(s) ___ Watch(es) ___ Necklace(s)

Other Piercing(s)? _____

How often do you wear jewelry? ___ Daily ___ Few times weekly ___ Weekends ___ Rarely ___ Never

Tattoos? ___ Permanent ___ Temporary ___ Henna-based ___ Recent ___ Old

Symptoms with Jewelry or Tattoos: _____

Allergy History Form

Employment History:

Current Employer: _____ In position since (date): _____

Job Title: _____ In position since (date): _____

Job Description: _____

Employer when condition started: _____

Previous job description and duration: _____

Previous/Current contact with: Metals Dust Vibration Cold/Heat Fibers
 Chemicals Fumes Other: _____

Work Environment: Office Factory Hospital Construction Site Farming
 Laboratory Indoors Outdoors Other: _____

Work Equipment: Gloves Boots Apron Mask/Respirator Face Shield
 Head Cover Badge Monitors Overalls Other: _____

Symptoms at work: _____ Since (date): _____

Description of work when rash began? _____

Materials used at work? _____

Treated and/or documented at place of employment? _____

What happens to your rash on weekends/holidays/vacations? Same Improves Worsens

Loss of work? No Yes, on dates: _____ Other workers with same issue? Yes No

Previous compensation claims? No Yes, for _____

Part-time or 2nd job? No Yes (job title): _____

Work Environment: Office Factory Hospital Construction Site Farming
 Laboratory Indoors Outdoors Other: _____

Symptoms at 2nd job? Same as above Different: _____ Since (date): _____

Provider's Signature

Date

Time